

# 2025 MENU

## RECESS

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- **PIKELETS (V)** \$ 2.00  
Two buttered pikelets
- **FRUIT CUP (V)** \$ 2.00  
Two fruits in natural juice
- **FRUIT TOAST (V)** \$ 3.00  
Two slices of buttered fruit toast
- **TOAST (V)** \$ 2.00  
Two slices of white toast with butter and/or vegemite
- **CRUNCH & SIP PACK (V)** \$ 3.50  
Chopped carrots, celery, capsicum & cucumber with slices of fresh fruit
- **POPCORN (V)** \$ 1.00  
Bag of plain popcorn
- **MILO (V)** \$ 2.00  
Milo & cold milk
- **CHEESIE (V)** \$ 3.00  
Melted cheese on a toasted bun
- **FRUIT MUFFIN (V)** \$ 2.50  
Delicious blueberry muffin

(V) - Vegetarian  
(GF) - Gluten free

## HOT FOOD

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- **FRIED RICE (V)(GF)** \$ 7.00  
Fried rice with vegetables
- **MACARONI CHEESE (V)** \$ 7.00  
Macaroni pasta in a cheese sauce
- **TWISTA PASTA** \$ 7.00  
Pasta spirals in a bolognese sauce
- **SPAGHETTI BOLOGNESE** \$ 7.00  
spaghetti with bolognese sauce
- **BEEF LASAGNE** \$ 7.00  
Traditional beef lasagne
- **VEGETABLE LASAGNE (V)** \$ 7.00  
Vegetables layered with pasta, tomato and bechamel sauces.
- **BUTTER CHICKEN (GF)** \$ 7.00  
Mild butter chicken curry with rice
- **NACHOS DIPPERS** \$ 7.00  
Bolognese salsa topped with cheese, served with plain corn chips
- **HOT DOG** \$ 5.00  
Frankfurt in a hot dog roll
- **PUPPY DOG** \$ 3.50  
Half size hot dog
- **SAUSAGE ROLL** \$ 5.00
- **MEAT PIE** \$ 5.00



Open Wednesdays & Fridays

- **YUMMY DRUMMIES** \$ 6.00  
Three chicken drummies
  - **PIZZA** \$ 6.00
    - Margherita (V)
    - Ham & Cheese
    - Ham & Pineapple
- + TOMATO SAUCE TO ANY OPTION + 50c**

## SALADS & SIDES

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- **KAARAK SALAD (V)** \$ 5.00  
Lettuce, carrot, cucumber, capsicum, tomato & choice of dressing (French vinaigrette or Caesar)
  - + FALAFEL + \$ 2.00
  - + CHICKPEAS + \$ 2.00
  - + EGG + \$ 1.00
- **VEGGIE STICKS (V)** \$ 2.00  
Chopped carrots, celery, capsicum & cucumber

## SANDWICHES & WRAPS

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- **VEGEMITE SANDWICH (V)** \$ 2.50  
Aussie classic on white bread
- **SALAD SANDWICH (V)** \$ 4.00  
Tomato, cucumber and lettuce & mayonnaise on white bread  
+ **CHEESE** + \$1.00
- **TOASTED SANDWICH (V)** \$ 4.00  
Cheese toastie on white bread
- **CHICKEN WRAP** \$ 7.00  
Chicken tenders with lettuce and tomato in a wrap with mayonnaise
- **FALAFEL WRAP (V)** \$ 7.00  
Falafel with lettuce and tomato in a wrap with mayonnaise

## BURGERS

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- **BEEF BURGER** \$ 9.00  
Beef patty, tomato, cheese, lettuce & mayonnaise in a bun
- **CHICKEN BURGER** \$ 9.00  
Chicken pattie, tomato, cheese, lettuce & mayonnaise in a bun
- **VEGGIE BURGER (V)** \$ 9.00  
Veggie pattie, tomato, cheese, lettuce & mayonnaise in a bun

## HALAL OPTIONS\*

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- **STEAMED RICE TERIYAKI CHICKEN & STIR FRY VEGETABLES**
- **SUPERBOWL TERIYAKI CHICKEN**
- **BBQ CHICKEN RICE PAPER ROLL**
- **TERIYAKI CHICKEN SUSHI HAND ROLL**
- **LEMONGRASS CHICKEN WRAP**
- **GRILLED PORTUGUESE CHICKEN SALAD**

\*Outsourced to Locavora. See 'how to order'. Prices available online.

Also available to buy with after lunch snacks

## DRINKS

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- **BOTTLED WATER** \$ 2.00
- **BROWNES CHILL** \$ 3.00  
Chocolate or Strawberry
- **JUICE BOX** \$ 2.00  
Apple or tropical
- **CHILL J** \$ 3.50  
Raspberry, Grape, Cola, Blackcurrant or Orange passion

## AFTER LUNCH SNACKS

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Window open for students 1:20pm - 1:35pm

- **MOOSIE** \$2.00  
Chocolate, strawberry, bubblegum, lime, banana
- **ICY POLE** \$1.00  
Quech ice stick - strawberry, apple & raspberry, apple & blackcurrant, mango & pineapple
- **PADDLE POP** \$2.00  
Chocolate or rainbow

## HOW TO ORDER

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**QKR** Place orders before 8:45am

**\*LOCAVORA** Halal options must be ordered from [locavora.com.au](http://locavora.com.au). Set up an account, add your child and order before 8:30am

Cash no longer accepted for recess or lunch orders. Children paying over \$20 cash for after lunch snacks will be referred to the front office.

## ORDERING GUIDE

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- Recommended for everyday consumption - the healthiest choices
- Recommended for occasional consumption  
(V) Vegetarian  
(GF) Gluten free

## CONTACT US

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