

RECESS

- **PIKELETS (V)** \$ 2.00
Two buttered pikelets
- **FRUIT CUP (V)** \$ 2.00
Two fruits in natural juice
- **FRUIT TOAST (V)** \$ 3.00
Two slices of buttered fruit toast
- **TOAST (V)** \$ 2.00
Two slices of white toast with butter and/or vegemite
- **CRUNCH & SIP PACK (V)** \$ 3.50
Chopped carrots, celery, capsicum & cucumber with apple & orange
- **POPCORN (V)** \$ 1.00
Bag of plain popcorn
- **MILO (V)** \$ 2.00
Milo & cold milk
- **CHEESIE (V)** \$ 3.00
Melted cheese on a toasted bun
- **PIZZA CHEESIE (V)** \$ 3.50
Tasty pizza-like sauce on a toasted bun
- **FRUIT MUFFIN (V)** \$ 2.50
Delicious blueberry muffin

LUNCH

- **SNACK PACK (V)** \$ 4.00
Chopped carrots, celery, capsicum & cucumber with rice crackers, hard boiled egg, cheese & hummus
 - **FRIED RICE (V)(GF)*** \$ 5.00
Fried rice with vegetables
 - **MACARONI CHEESE (V)*** \$ 5.00
Macaroni pasta in a cheese sauce
 - **TWISTA PASTA*** \$ 5.00
Pasta spirals in a bolognese sauce
 - **PENNE NAPOLITANA (V)*** \$ 5.00
Penne pasta in a napolitana sauce
 - **BUTTER CHICKEN (GF)*** \$ 6.00
Mild butter chicken curry with rice
 - **KAARAK SALAD (V)** \$ 5.00
Lettuce, carrot, cucumber, capsicum, tomato & choice of dressing (French vinaigrette or Caesar)
 - **NACHOS (V)** \$ 7.00
Freshly made vegetarian bean salsa topped with cheese, served with plain corn chips
- + EGG + \$ 1.00
 - + FALAFEL + \$ 2.00
 - + CHICKPEAS + \$ 2.00



Open Wednesdays & Fridays

- **PIZZA*** \$ 7.00
Choose from:
 - Cheese
 - BBQ chicken
 - Meat & cheese
 - Hawaiian
 - Vegetarian(V)
- **SAUSAGE ROLL*** \$ 4.00
- **MEAT PIE*** \$ 5.00
- **HOT DOG** \$ 6.00
Frankfurt in a hot dog roll
- **PUPPY DOG** \$ 3.50
Half size hot dog
- + **TOMATO SAUCE TO ANY OPTION** + 50c
- **CHICKEN DRUMMIES** \$ 5.00
Three chicken drummies with a side of chopped vegetable sticks

SANDWICHES & WRAPS

- **VEGEMITE SANDWICH (V)** \$ 2.00
Aussie classic on white bread
- **SALAD SANDWICH (V)** \$ 3.50
Tomato, cucumber and lettuce & mayonnaise on white bread
+ CHEESE + 50c
- **TOASTED SANDWICH (V)** \$ 4.00
Cheese toastie on white bread
- **CHICKEN WRAP** \$ 7.00
Chicken tenders with lettuce and tomato in a wrap with mayonnaise
- **FALAFEL WRAP (V)** \$ 7.00
Falafel with lettuce and tomato in a wrap with mayonnaise

BURGERS

- **BEEF BURGER** \$ 7.50
Beef patty, tomato, cheese, lettuce & mayonnaise in a bun
- **CHICKEN BURGER** \$ 7.50
Chicken pattie, tomato, cheese, lettuce & mayonnaise in a bun
- **VEGGIE BURGER (V)** \$ 7.50
Veggie pattie, tomato, cheese, lettuce & mayonnaise in a bun

HALAL OPTIONS*

- **STEAMED RICE TERIYAKI CHICKEN & STIR FRY VEGETABLES**
- **SUPERBOWL TERIYAKI CHICKEN**
- **BBQ CHICKEN RICE PAPER ROLL**
- **TERIYAKI CHICKEN SUSHI HAND ROLL**
- **LEMONGRASS CHICKEN WRAP**
- **GRILLED PORTUGUESE CHICKEN SALAD**

*Outsourced to Locavora. See 'how to order'.
Prices available online.

DRINKS

Also available to buy with after lunch snacks

- **BROWNES CHILL** \$ 3.00
Chocolate or Strawberry
- **JUICE BOX** \$ 2.00
Apple or orange
- **GLEE** \$ 3.50
Blackcurrant, bubblegum, raspberry or tropical
- **BOTTLED WATER** \$ 2.00
- **MILO (RECESS ONLY)** \$ 2.00
Milo & cold milk

AFTER LUNCH SNACKS

Window open for students 1:20pm - 1:35pm

- **MOOSIE** \$2.00
Chocolate, strawberry, bubblegum, lime, banana
- **ICY POLE** \$1.00
Quech ice stick - strawberry, apple & raspberry, apply & blackcurrant, mango & pineapple

HOW TO ORDER

QKR Place orders before 8:30am

CASH Visit the canteen & order in person before 8:45 am

LOCAVORA *Halal options must be ordered from locavora.com.au. Set up an account, add your child and order before 8:30am

ORDERING GUIDE

- Recommended for everyday consumption - the healthiest choices
- Recommended for occasional consumption
- (V) Vegetarian
- (GF) Gluten free
- * Prepackaged food

CONTACT US

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