

## **Parenting Tips**

from

### **Community Parenting Service**

6a Penrith Pl

BALGA WA 6061

Phone: 9440 0011

Opening times : Monday to Friday 12pm to 4pm

### **What is Discipline?**

- Discipline is a method of teaching control which trains children to live comfortably in society.
- Discipline needs to be a learning process rather than a system through which we continually punish our children for negative behaviour.
- Disciplining children means equipping them with the tools to succeed in life. One of the most important tools is the ability to make the right choices. To do this a child needs to develop social sensitivity. The ability to consider how their actions will affect other people.
- Parents can help children develop an internal guidance system that steers them in the right direction when you are not there to help them make the best choices.
- One of the most effective ways for this process to occur is by having limits and boundaries in which your children can operate.

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.