

**Parenting Tips**  
from  
**Community Parenting Service**  
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Phone: 9440 0011  
Opening times : Monday to Friday 12 PM to 4 PM

**Using Positive Language with our Children.**

Language is one of our most effective tools we have to inform, teach and influence other people. It can be used positively to encourage and reinforce self-esteem, confidence and active problem solving. Parents provide a great role model for children when they speak in positive terms with their children.

The next time your child tells you something, or asks you about something they are doing – think first and respond in such a way that it leaves your child feeling great about themselves. Here are some examples:

There are things you can do aren't there?      You had all those ideas in your head!

I like it!      Let's talk more about that!      There are excellent ideas here.

Great stuff!      Let's see. I'm sure you have more good ideas.      You have lots of ideas!

Good thinking!      If you could think of another idea, what would it be?

You may get a very pleasant response!

(Adapted from The Right to Feel Safe. S. Gordon, 1996)

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.