

Parenting Tips
from
Community Parenting Service

6a Penrith Place
BALGA WA 6061
Phone: 9440 0011

Opening times : Monday to Friday 12 PM to 4 PM

Promoting Independence

The main task for parents is to raise responsible, independent children-this can be tough because our natural instincts is to care for and nurture them. Training for independence needs to start from a young age and continue into the teenage years. When we teach children to do jobs for themselves we demonstrate our faith in them and send a powerful message that they are capable.

Bright Ideas

- Encourage children to take part in routine household activities-eg. tidying bedrooms before school, clearing away dishes, preparing after-school snacks.
- Encourage them to take responsibility for their own homework tasks. Put young children in charge of their reading and get them to remind you that it is reading time.
- Children can do quite difficult tasks if we show them how. Break complex jobs like making a bed into simple tasks such as arranging teddies and the pillow, progressing to smoothing out a doona and so on.
- Be alert to children's readiness and willingness to do things for themselves then consider gradually allowing your child to take responsibility for those tasks.

The most effective way to promote responsibility in children is to give them responsibility.

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.