

Parenting Tips

from

Community Parenting Service

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Opening times : Monday to Friday 12 pm to 4 pm

How to get your child to do what you want them to....

Gain your child's full attention.

Make eye contact when speaking with your child.

Tell your child to do something rather than asking them.

Acknowledge your child's attempts and praise them for a job well done.

When giving your child instructions to do something or to stop something make a clear, specific statement that leaves no room for confusion.

Tell your child what to instead (eg you need to play gently with your sister)

For example

Optional requests	Required requests
It would be nice if somebody cleaned up the family room.	Michael, please put all of those books back onto the bookcase in the family room. Jayne, please pick up the glasses and put them in the sink in the kitchen.
Okay kids, don't you think it is time to get ready for bed.	It's 7.30 now. Time to turn off the TV and put your books away, put on your pyjamas and go to bed.

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.