

## Parenting Tips

from

6a Penrith Place

BALGA WA 6061

Phone: 9440 0011

Opening times : Monday to Friday 12 PM to 4PM

### School Holidays for Primary School Kids

Some activities, which are low in cost or have no cost involved, include the following;

- **Mini sports day-** go to your local park and take some basic sports equipment ie. soft ball, skipping rope, badminton racquets. You could also play games such as hopping races, three-legged races and chasey.
- **A DIY picnic-** prepare a picnic lunch by getting your children involved with preparing a menu of what they would prefer to eat.
- **Create a Tent-** by pegging old sheets or blankets over the washing line or weighting them in the corners to create a tent. Put it on the ground and let your children put their favourite toys, books and a few snacks.
- **Create a show-** give your children a theme (reflecting their interests eg. pirates and fairies) and send them off to create a show. You could create a big event by dimming the lights, making tickets, putting up a makeshift curtain and preparing refreshments such as popcorn and ice cream.
- **Memory Lane-** sit down one day and create a book or photo album of pictures of your children growing up. It's a great way to talk with your children about different stages of their life.
- **Get crafty-** stock up on paper, felt pens and paints. You may even consider buying simple activities and puzzle books to bring out when there's nothing else to do.



We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow

This tip was taken from the following web site:

[http://www.bbc.co.uk/parenting/your\\_kids/primary\\_school/school\\_hols/school\\_hols1.s](http://www.bbc.co.uk/parenting/your_kids/primary_school/school_hols/school_hols1.s)