

**Parenting Tips**  
from  
Community Parenting Service  
6a Penrith Pl  
BALGA WA 6061  
Phone: 9440 0011  
Opening times : Monday to Friday 12 PM to 4 PM

**Giving our Children Positive Messages**

As adults we can assist our children to feel okay about themselves by:

- ☺ Praising them and letting them know they are loved and needed (especially when we think they do not deserve it)
- ☺ Praising them when they are trying to help, as well as when they do things well.
- ☺ Understand that even little jobs need to be noticed as children need to feel useful.
- ☺ Setting aside some time each day to spend with children such as going to the park or reading a story together.
- ☺ Listening to them and remembering what is important to them.
- ☺ No matter how independent we want our children to be, we need to let them know that we will always be there to offer comfort and support.

Remember every child is special and will grow with love and care.  
(taken from NAPCAN)

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.