

Parenting Tips
from
Community Parenting Service
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Opening times : Monday to Friday 12 pm to 4 pm

Fathers and Children

The most important gift that you can give your children is your love. This means:
Getting to know them and sharing who they are as a person
Spending time with them and making the most of the time you spend with them

How can Dads get this to happen:

- Talk about your feelings - this allows children to learn that it is okay for men to talk about feelings.
- Spend time with your daughters - they will learn how to develop relationships with males throughout their lives.
- Role model for your sons the way you would like them to be as adults.
- Play with your children. Through rough and tumble play children learn about boundaries in play.
- Help your children with their interests and hobbies.
- Encourage your children to explore the world - join in this exploration with them.
- Expect your children to do their best and be proud of their efforts whether they succeed or fail.

What matters most is HOW you are a Dad. Even if you are not a full time Dad your children need to know that you care about them and you will look after them.

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.