

**Parenting Tips**  
from  
Community Parenting Service  
6a Penrith Pl  
BALGA WA 6061  
Phone: 9440 0011  
Opening times : Monday to Friday 12 PM to 4 PM

### **Emotionally Healthy Families**

Society today has produced a range of family types and styles of parenting. To grow up in a 'healthy' family a child will develop great skills that will assist them to cope with life's situations, relationships and living. As parents, we need to create the environment that nurtures self-esteem and encourages our children to set and achieve their goals.

Healthy families will.

- \* Make time for a talking and listening.
- \* Show appreciation and encouragement in their children's actions.
- \* Accept differences in their children.
- \* Share both household chores and the power.
- \* Keep in touch with relatives and friends.
- \* Ensure that there is a time when the family are together to share their joys and sorrows.
- \* Encourage the growth of spiritual beliefs and values.

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.