

**Parenting Tips  
from**

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**Building a Close Relationship**

Parenting your child can be a wonderful and pleasant experience if you have a close relationship with your child. Your child will:-

- Learn more quickly from your teaching
- Be more ready to accept limits and restraints
- Develop self esteem.

Some suggested ways on building a close relationship with your child are:-

- Spending time alone together.
- Going out and doing things together.
- Sharing and understanding each other's feelings.
- Listening and sharing honestly (two-way communication).
- Accepting each other for who you are.
- Supporting each other through difficult times.
- Understanding each other's needs.
- Being interested in each other's interests.

**We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow**

