

Parenting Tips
from
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Opening times : Monday to Friday 12 PM to 4 PM

Being a Parent

What do parents want most for their children as they grow into adulthood? The values listed below would probably form the basis of one's response to this question.....

Happy, healthy, honest, well adjusted, caring, responsible, successful, respectful of others feelings and property, to get along with others and to be able to cope with life's difficulties.

How then as parents can we create the type of environment that will support the development of these values in our child's development. Listed are a few ideas that may assist in the development of a positive learning environment.

- As your children grow and develop there will be patches where you will scratch your head ask questions and find out what you don't know.
- Value yourself - you are doing a very important job - be proud of your efforts.
- Accept your feelings - it is impossible to be on top of the world all the time, mixed feelings are part of our day to day life.
- Understand your own values and beliefs - these are what we will teach our children. The task of passing this information onto our children becomes easier when we understand our own values.
- Trust in your own ability - you have some great abilities in parenting, listen to others, learn from others but trust in your own judgment.
- Get support - at times when things are not going as you expected them to, seek help and support. Parenting in isolation becomes more difficult.
- Remember, in asking we are growing in knowledge, asking does not show signs of failure.



We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.