

**Parenting Tips
from
Community Parenting Service
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BALGA WA 6061
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Opening times : Monday to Friday 12 PM to 4 PM**

Families

Families help people learn, grow, and experience warmth and love. Sometimes families have conflicts because members have different needs, desires, personalities and goals. Conflict can be difficult to deal with at times but all families can manage it better when they:

- Work together to problem solve and create a happier homelife.
- Adapt to the changes that individual member's experience.
- Relieve the stress that will develop in a family on a daily basis.
- Be happier by working and playing together in ways that are meaningful and satisfying to all.

Families can create a lot of work but that can also provide lots of fun. Here are a few suggestions of how to show your appreciation to other members of your family and to build positive relationships.

- Be affectionate
- Prepare a meal
- Go for a walk together
- Sit around and talk and listen to each other.

We invite you to visit our Centre to 'check out' the wide range of information that we have available for you to browse or borrow.