

**Parenting Tips
from
COMMUNITY PARENTING SERVICE
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Opening times: Monday to Friday 12noon to 4pm**

Helping children to be organised

Helping your child to be organised will help him or her to manage their time, their environment and their work tasks. Some children need very little assistance to get organised while others need lots of help. To help your child get organised your can:-

- Set routines – a before and after school routine will help take the worry out of remembering to do things.
- Have a regular homework and/or reading time when you will be available to help your child or listen to him or her read.
- Remind your child calmly each morning of after school activities.
- Clear away clutter – regular clean-ups of bedrooms, play areas and homework areas help children (and parents) feel more in control.
- Encourage your child to use a diary or lists and to look at them each day.

We invite you to visit our Centre to ‘check out’ the wide range of information that we have available for you to browse or borrow